

## 2013 Parish Fair



# THE MOORING POST

ANGLICAN PARISH OF FENDALTON – ST BARNABAS AND ST THOMAS  
The Anglican Church in Aotearoa, New Zealand & Polynesia – Diocese of Christchurch

## A Plan for Spiritual Growth

The personal growth movement has been a big deal for quite some time. There has been a stream of 'gurus' that promise to give us tools to grow as people, to achieve our goals and to become more rounded and healthy human beings. One branch of the personal growth movement is the self-help industry, which is a multi-billion dollar market in the US alone.

This phenomenon does make some sense. For all that I personally find much self-help rhetoric somewhat hollow, the intention behind it is laudable. Growth is good. A plant that isn't growing is dying. Therefore personal growth is something we want to foster.

One of the key elements of any strategy of personal growth must be putting into place habits and practices that foster growth and development. Interestingly, this is something that Christianity has focused on since well before the advent of the personal

growth movement! The phrase 'The Spiritual Disciplines' is commonly used to describe Christian growth habits. These involve developing patterns of life which encourage endurance and growth as a Christian. Three of the most basic, and therefore the most essential, of these habits are listening, talking and meeting.

**Listening:** This involves engaging fully with God's word by reading and wrestling with the Bible on our own, or together in church. Additionally listening involves having a humble attitude and being eager to hear what God is saying, being open minded and open hearted to his message for us.

**Talking:** It is a strange thing, but it actually takes work to develop the habit of talking to God as our loving Father. There are, after all, so many other things to distract us! But Jesus has opened the door, providing incredible access to the Creator of the universe, and it is worth making the

most of such a privilege.

**Meeting:** Gathering together and encouraging one another is a vital part of growing as Christians. There is so much busyness and our lives get so filled up that we have to prioritize meeting if we are to get into the pattern. When we realize something is really worthwhile, we make time for it!

These three disciplines are part of a life of growth. However the twist is, it is not just personal growth. These Christian patterns do help us to grow as individuals, but they also help us to help others, and to serve the bigger purpose of God's kingdom – to be a more effective part of something really significant. And that is the sort of growth I want to experience. Maybe you do, too?

Rev. Chris Spark

## St Barnabas' Garden Tour

**Saturday 30 November  
from 11am**

A colourful spring tour  
of beautiful Christchurch gardens.  
Devonshire Teas, Plant Stall, Craft Stall  
Tickets available from the parish office,  
Ballantynes and Patsy Wardell ph. 351 6046

*'The Mooring Post' is a phrase from p479 in A New Zealand Prayer Book/He Karakia Mihinare o Aotearoa. Christ is described as the single mooring post for many waka – Ko te Karaiti te pou herenga waka. Christ is the one who unites us.*

Explore our new website – [www.stbarnabas.org.nz](http://www.stbarnabas.org.nz)

## Children's Ministry at St. Barnabas

**St Barnabas Playgroup:** Creative play for pre-schoolers on Wednesdays from 9.15 – 11.30am in the hall.  
Helen Wakefield 351 3595.

**Mainly Music:** Music and movement for pre-schoolers and their caregivers, Fridays 10 – 10.30am followed by morning tea. Mary Cropp 355 3787.

**Fridayzone:** Christian after-school club for children 5 - 10 yrs Fridays 3.30 – 5.30pm.  
Angela Brown 027 335 0105


**Kidzone:** Creative Sunday School for children 5 – 13 yrs Sundays 10.30am. Angela Brown 027 335 0105





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## OUR WAFER ROOM

*What do they get up to?*

Every week a team of about forty parishioners descends upon the Wafer Room to produce and pack communion wafers for distribution to parishes throughout New Zealand.

There are four main stages in the production of the wafers with three different groups doing the baking, boring and packing. First a batter of flour and water is prepared. The flour is a special type supplied by Western Milling here in Christchurch. The batter is then poured onto the wafer machine, which is similar to a large waffle iron and then it is cooked for about three minutes. This produces a large and hopefully smooth circular wafer. Each batch of mixture produces about twelve of these, although not all come out perfectly.

The next part of the process is to put the large wafers into the humidifier to be softened. Thirty-eight wafers can be done at a time and the process is long and slow, taking about two hours. When the wafers are slightly soft they are stacked together and secured ready to be punched out into either the small 'people's wafers' or the larger 'priest's wafers'.

The packing team then packs the wafers into specially made boxes for collection or posting. The large priest's wafers are packed into boxes of thirty-six and the smaller people's wafers are boxes of two hundred.

The equipment used is imported from Germany and includes the wafer baking iron and a custom designed wafer boring machine which is like a large drill press.

We currently supply wafers to about one hundred churches, cathedrals and cathedral resource centres. Orders are sent as far south as Invercargill and as far north as Auckland and can range from one packet at a time to sixty or seventy. Most orders are from Anglican Churches and organisations but we do occasionally supply Presbyterian and Lutheran Churches.



Yvonne Byrne packs wafers

We sell about twelve hundred boxes of people's wafers and about three hundred boxes of priest's wafers per year. It is gratifying to know that through the Wafer Room St Barnabas is able to reach out to Churches throughout New Zealand and assist their worship in such a practical way. The Wafer Room also serves as a venue for a group of parishioners to socialise on a regular basis.

Shirley-Anne Collins



Jan Webley at the wafer machine

## DIRECTORY

### PARISH OFFICE

Secretary: Marion Cook  
8 Tui Street, Christchurch  
Ph: 351 7064, Fax: 351 6374  
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### LIFESTREAMS' MUSIC

Liz Meyer  
Ph 027 338 3053  
[elizabeth@stbarnabas.org.nz](mailto:elizabeth@stbarnabas.org.nz)

## SUNDAY WORSHIP

### ST BARNABAS (in the hall)

8.00am Eucharist, followed by breakfast (Tui Room)  
9.00am Sung Eucharist followed by morning tea (Tui Room)  
10.30am Lifestreams Eucharist with children's & youth programmes followed by morning tea. For All Age services, check online  
5.00pm 1st & 3rd Sundays – Evensong  
2nd Sunday – Choral Night Prayer  
4th Sunday – Eucharist  
7.00pm Antioch in the hall for students/ young adults but all welcome

### MID-WEEK WORSHIP

8.45am Tuesday to Friday – Morning Prayer  
Wednesday – Eucharist all welcome in the Makora Room or Prayer Room at east end of hall.  
10.00am Thursdays – Eucharist  
1st Thursday – Prayer and Healing

### ALSO OFFERED...

Home Communion:  
Each 2nd & 4th Wednesday in the month.  
Communion is also provided at Fendalton Retirement Village fortnightly and St Winifred's & Holly Lea monthly.

## VESTRY NEWS

**Finances:** September has seen a good improvement in our financial position and this is partially attributed to the Stewardship programme. Thank you for responding positively by increasing your giving so that the mission of our parish can be carried forward.

**EQ Repairs:** Earthquake repairs to the Vicarage are well underway with the interior completed and the summerhill stone filling of the cracks also finished. Other plaster repairs, painting and the fence repairs are still to be completed. For the church repairs we are waiting for CPT and the insurer to reach a settlement, and there is nothing further to do until we are advised by CPT of the amount that will be paid out. It is a similar situation for the Parish Hall and the Administration building.

**Discipleship:** The Discipleship Team chaired by Richard Neville have been busy surveying the small groups in the parish which includes strategies to encourage the formation of more small groups and keeping these groups together long term. They also established a catalogue of parish resources including books, CD's and DVD's and organised a very successful Bible Sunday with a book stall. They have run a series on 'Wisdom in the Old Testament' and are planning an Advent Retreat.

**New Curate:** Our new Curate, Sam Knight will begin his ministry with us in early February. His areas of responsibility will be Young Adults (45% of his time), Lifestreams (30%), Small Groups (10%) and Outreach (15%).

**Fundraising:** the events planned for 2014 will include a Medbury sponsored walk and a Variety Concert.

## REGISTER

### Baptisms

The Parish welcome into the family of the Church through Baptism:

### September

29 Aurelia Saskia Romy Fleur Parker

### October

6 Samuel Alexander Wright

### Funerals

We offer our deepest sympathy to the relatives of those who have died:

### September

27 Kathleen Mahalah Hay

### October

8 Frank Thomas Leggett

10 Jean Lilian Ashmore



It's a toenail clipper that gets Facebook, checks my email and makes phone calls. What do you mean, why do I need this?

Deadline for Dec. issue:  
**Friday 8 Nov.**

## Youth Ministry at St. Barnabas

Contact Chris Spark on 351 7064

**Youth Group:** Christian youth community! Friday nights in the hall. Angels for yrs 7 – 9 meets from 7pm – 8.40pm. BAIT for yrs 10-13 meets from 8.15 – 10pm.

**The Revs:** Christian group for high school age young people. Meets on Sundays during Lifestreams at 10.30am.

## The St Barnabas' Fair

*a city fair with a country feel!*

A colourful welcome card was given out to visitors from 9am on Saturday 12 October on a cold but sunny spring morning. The weather was a concern in our planning and there was heavy rain at 4am and later at 5pm, but the warmth of the sun meant the sweets stall needed the shade which was provided! This year in addition to all our stalls we provided many extras, including an extended food stall with Devonshire Tea, tea for our volunteers, a stage for a series of quality musical performances with Hilary Muir (The Breeze Radio) as MC, children's games and entertainment. This was a fun day for all.

A prime purpose of the fair was to raise money for the church. This we achieved with cash takings on the day of more than \$27,000. There is more income yet to be received and expenses to be deducted, but it was more than an 11% increase compared the 2011 fair.



Rex Johnstone oversees boat races

There has been teamwork with other parishes and organisations in the provision of resources. We thank Canterbury Athletics & St Mary's, St Christopher's, Mitre10, the YMCA and others for their help.

Other benefits have been the donation of many items to St Chad's Linwood and to the eastern suburbs Youth Alive Group.

The preparation work and donation of materials for sale is much appreciated. Many groups of parishioners were formed for these tasks, and some family members even travelled to Christchurch for the event!

Everyone who helped with the fair can be proud of their contribution. And the goodwill from this event is priceless! There are some photos from the fair on the back page of this edition of The Mooring Post, but we've got a whole lot more posted on Facebook. Why not check them out? [www.fb.com/st.barnabas.nz](http://www.fb.com/st.barnabas.nz)

Don Mackenzie  
2013 Fair Co-ordinator



Face painting with Janet Hall

## SAM & KIM KNIGHT

*From February, Sam will be our new Curate and Young Adults' Minister*

As born and bred Cantabrians, Kim and I are excited to be coming home in February to join your St Barnabas community. I have spent this year studying at St John's College in Auckland and we have both enjoyed our involvement at St Paul's, Symonds Street, Auckland.

We leave behind our daughter Ruby and return to our son Harry and the rest of our family. Ruby is a trainee secondary teacher with Teach First NZ at Alfriston College, Manurewa. Harry's company 'Knightlife' is a creative initiative set up to strengthen the arts and encourage diversity in Christchurch through events and artist management.

We have spent the last thirteen years at Sumner/Redcliffs Anglican Church. Seven of those years we served in youth ministry. Before

coming to Auckland Kim worked as an Area Coordinator for 'The Parenting Place'.

We both came to faith in the year 2000. Kim through Alpha, and for me, through a significant spiritual encounter. This began a journey engaging with the biblical and practical aspects of theology. I completed my degree in 2007 at Laidlaw College. I returned to Laidlaw last year and gained a postgraduate diploma in theology.

This year in Auckland I have completed the following: an Applied Diploma in Anglican studies, a Mission Shaped Ministry course and a Clinical Pastoral Education course through Auckland Hospital. I continue to deepen my understanding of what it looks like to live out God's Kingdom as a missional Christian.

Kim and I love to celebrate, we love fresh water fishing, walking and getting out in the fresh air. I also enjoy brewing and snowboarding. We are looking forward to getting to know you in the New Year.

Sam Knight



## What's Coming Up?

### All Souls Evensong

All invited to this 5pm service as we commemorate the faithful departed. There will be an opportunity to place a floral tribute to remember loved ones who have died during the year.

**SUNDAY 3  
NOVEMBER**

### Selwyn Centre Begins

This new outreach for seniors runs from 1pm – 3pm and involves fun, fellowship, gentle exercise and health advice. Volunteers still needed to help. Anyone interested see Ruth Harwood or contact the parish office on 351 7064.

**MONDAY 4  
NOVEMBER**

### Garden Tour

Join us for a colourful Spring tour of beautiful Christchurch gardens. Begins 11am. Tickets available from the parish office, Ballantynes or Patsy Wardell ph. 351 6046.

**SATURDAY 30  
NOVEMBER**

### Advent Readings & Music

This 5pm service will be led by our choir, joined by the choir from St Peter's, Upper Riccarton. Haydn Hill is the conductor. (Five other members of our own choir are with Denis Guyan in Norfolk Island.)

**SUNDAY 1  
DECEMBER**

### CAMEO Mystery Bus Trip

Cameo meets each Thursday from 1.30 – 3.30 in the hall. December 5 is the final meeting of the year. There will be a mystery bus trip with a special Christmas afternoon tea upon return to St. Barnabas.

**THURSDAY 5  
DECEMBER**

### Ecumenical Lessons & Carols

This popular annual event for churches in our area will be held on Sunday December 8th at 5pm. Venue to be confirmed.

**SUNDAY 8  
DECEMBER**

## Christian Youth Workers Share God's Love

Five youth workers cover 2,750 students at Burnside High. It is one of the most challenging areas of 24-7 Youth Work in the country. So we took an all-in approach with five youth workers from five different churches.

Mentoring is a major way we interact with students. In 2013 alone we had contacts with more than 2,600 students one-on-one and we mentor for approximately 9 hours every week. I asked Lizzie about the mentoring: "Starting at Burnside this year I went with what I'm most comfortable which is mentoring. I



have one success story in particular where a girl has taken the strategies we discussed, put them into action and has shared them with her friends who have seen the growth she's had in her life in this short time."

Serving breakfast proved to be more beneficial than we first imagined. We give out around 300 cups of Milo a week and 100 scones on Fridays. This is both a way of helping students recognise that breakfast is important but also that service is important. Jayden Smith coordinates these breakfasts, "This young guy has been chatting to me each morning when we do breakfast about how yummy the food is and always comes back for more hot chocolate. One week when we were short staffed I went down earlier with the hot chocolate urns and then ran back up to jam the scones. When I got back this young boy was serving hot chocolates to people and his mates were jokingly yelling to, 'Run cause I was coming. I told him I was stoked with him using

his initiative and serving the young people. I guess modelling service for two terms does rub off on them!"

Through our school connection we have the opportunity to invite young people to youth programmes at our different organisations. Wiremu Richards reflected on this: "A highlight for term 2, was building relationships and supporting the year 9 Maori students in their Kapahaka/Whanau class. A few of these boys have been attending clubs (youth group) once a week on a Monday night. This has been an awesome opportunity for them to make new friends from other schools and also build relationships with other leaders like myself."

24-7 Burnside is a partnership with Burnside High School, Arise Church, St Christopher's Avonhead, St Tims Burnside, City Church and Te Ora Hou.

Andrew Spence

24/7 Youth Work is a partnership between High Schools, Churches and the Community.



## Association of Anglican Women

*Aim: To unite in prayer and participate in the mission of the Church. To promote, safeguard and nurture Christian family life*

### Afternoon Group

2pm Wednesday 6 November  
Tui Room

Annual General Meeting and Afternoon tea

Leader: Yvonne Cummins 358 2153

### In Betweens' Group

Monday 11 November 10.15am

St Barnabas' Church Hall

Diocesan AAW Social Concerns

Archdeacon Anne Russell Brighty

Elder Care Project + our input

After lunch: Overseas and Outreach:

Documentary about sex trafficking. An excellent but tragic documentary.

Tuesday 19 November at 7.30pm

AGM Chaired by Rev. Mark Chamberlain followed by a short Eucharist.

Do come and celebrate another good year for In Betweens and encourage our new leader and committee.

Leader: Mary Mills 358 2230

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## MARY MINSON

*Recently accepted for ordination, Shirley-Anne Collins asks Mary what it's all about!*

### When and how did you feel called to serve God by being ordained?

I worked happily with Church events and ministry when my husband was a vicar. Since childhood I have felt a call on my life to respond to his love for us. Now that the birds have flown the nest (but do they?) and I am on my own I have the opportunity to serve God in this particular way. It feels like I am in the centre of 'the right place'.

### What gifts can you offer the Church?

I like Ben's answer to this in the last Mooring Post: "Only the gifts God has given me," and like Ben, drama, communication skills and a passion for people, are in my kit. I believe God has not finished with 'how we do Church' together. We are in changing/creative times and I look forward to seeing God at work.



**What life experiences have you had that will be helpful?** My useful life experiences include a solid Church upbringing in an Irish Catholic family, the Moran family, and valuable education at Christ the King school and Cottesmore College. I encountered so many women of faith in the nuns, and picked up a sense of the value of women from them. Father Clenahan was also a great example of a man who lived for God. Being a wife and having the privilege of mothering three wonderful kids continues to be a valuable life experience. Going through a marriage shipwreck has also broadened my life and faith. All these things and being part of praying communities over the years are part of the life experiences I bring.

**What are some of your hobbies and interests?** I have too many because creativity is part of my DNA! Walking in nature, gardening, singing in choirs, art projects, are all part of the buzz.

### What role has St Barnabas played in your journey to ordination?

Some might accuse me of hiding my light under a book, while I have been at St. Barnabas, but truly I have felt I have had a home here while I ploughed my way through my Theology degree at Laidlaw College. Sometimes in order to serve, you must train. And I have enjoyed being part of the Lifestreams music team, amongst other occasional events.

### How have your friends and family responded to this move?

My friends and family are very positive about the direction of my life. They have really been a great support team. I am very blessed by God through them all. Because of good memories from a good parish of God's people, I will miss St. Barnabas.

## PRAYER FOR SERENITY

*A prayer by Michael Cropp.*

Lord, we are stressed

The world demands more of us every day. We're running out of ways to give ourselves to the world without taking ourselves from you. We hurry from one thing to the next, never savouring the moment – never allowing life and love to fill us from hearts to fingertips. We fuss over things we can't change and direct our neuroses toward the people we love.

Fill us with serenity and lighten our spirits so that we can be fully present with you in our lives - tasting and feeling every moment, and rejoicing with you at the wonder of your world.

We look to the coming days. Give us stillness and intelligence in our exams, diligence in our work and creativity and courage in our plans for next year. Give us peace as we plan and confidence in your will.

We look further ahead to Advent and Christmas. Help us to meditate on the coming of the great King. We remember with gratitude Christ's saving grace that

transcends all our fears, failures and wrongdoing - the sin we commit against ourselves, others, the world and your holiness. We thank you for your forgiveness and look forward to Christmas.

And challenge us to share your love – love that transcends the suffering and injustice of the world - the unfair pay, the toil, angst and poor working conditions. We pray for the unseen people who won't celebrate the birth of your Son, and we pray that your justice would fill this world.

Lord, help us to live out your love. Fill us to overflowing with your love so that we may be your light in this world. Help us to always remember that the best gift we can ever give is our love, and the best gift we'll ever have is yours.

Take away our burden, ease our stress, and make us fit to share your holy love.

Lord we are filled with your peace.

Amen.



## Local Firms Support St Barnabas

Two Christchurch companies generously donated their time and profit to the St Barnabas Fair this year. Promotional products company Tickety-boo and woodcraft manufacturer South Pole Workshop ran a stall at the fair selling Christmas decorations and other wooden products. About \$170 was donated.

Katie Vile, Emma Jane Simpson and Andrew Bell are the people behind these companies and they all have connections with St Barnabas. They said 'We all have a strong connection to St Barnabas and wanted to support your fundraising effort.' Katie attended the St Barnabas Sunday School and Andrew was at Medbury and sang in the Medbury choir. Tickety-boo provides products and services that help firms promote themselves and South Pole Workshop manufactures high quality woodcraft products made from recycled timber some of which has been retrieved from

demolished buildings in the Red Zone. It's a great way of using recycled materials as well as creating beautiful and functional products that have an emotional link to our earthquake damaged city.

Special thanks to Katie, Emma Jane and Andrew for your support! Your presence reminds us of the support we enjoy from the wider community and the ways we can work together to repair our damaged church.



Emma Jane, Andrew, and Katie

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