



# THE MOORING POST

ANGLICAN PARISH OF FENDALTON – ST BARNABAS AND ST THOMAS  
The Anglican Church in Aotearoa, New Zealand & Polynesia – Diocese of Christchurch

## ‘Pick me’ - Volunteering for the Common Good

When my family lived in Auckland I wanted one of my sons to play soccer but there was no coach for his age group. I was told that if I wanted him to play I would have to be the coach. I didn't exactly say 'Pick me' but the result was the same! I agreed to the invitation, a number of other children joined the team and I had a marvellous season helping the kids to chase and kick the ball. The team wasn't very successful but I found on a personal level that volunteering was fun, I met new people and there was a great sense of satisfaction in contributing to the lives of families and young children.

Volunteering is a significant feature in New Zealand culture. According to the Institute of Volunteer Research, a UK think tank, New Zealand leads the OECD in volunteering - with 41% of the adult population saying they had 'given time to a voluntary organisation in the last month.' There are certainly a wide range of clubs and organisations that undertaken amazing work in our community and this contributes enormously to our common life.

Just recently the Charities Commission asked the St Barnabas Fendalton Trust to quantify the

number of volunteer hours offered by members of our parish. As a result a spreadsheet was developed listing every activity of the parish, the number of volunteers involved and how many hours were offered. The total number of hours per year startled many of us - over 30,000 hours are freely given by members of our parish for the common good of our community - activities as diverse as singing in the choir, mentoring a struggling parent, visiting the sick, running parent and toddler groups, seniors friendship programmes, serving on Vestry, mentoring young people and providing food for needy families. This equates to about 14 full time workers or a value of \$580,000 based on the Living Wage.

The Church in the UK has a well developed reporting system for its volunteer work and in the last decade the churches have become heavily involved in food banks and a wide range of social services. The number of people volunteering through their church has risen nearly 60% in the past four years. Labour MP Stephen Timms said recently "It is remarkable to see such continued, increasing effort, with over a million volunteers, along with church staff, regularly

engaging in social action of all kinds. Also remarkable is the fact that they are, for the most part, financing their own efforts, and opening up their buildings and facilities free of charge. This movement of church-based social activism is one of the most positive developments in modern Britain."

The reason Churches contribute so much to the community through volunteering is because the value of service is a major strand of Christianity's DNA. At its heart the gospel message is about loving God and loving our neighbour through practical care. Jesus' entire life was an expression of selfless service. Our faith, if it means anything at all, must involve a practical difference - in our character, in our relationships but also in what we do with our time and how we support the wide range of charitable activities undertaken by our parish and other voluntary organisations. Thanks to the many hundreds of people at St Barnabas who have said 'Pick me' and contribute to the 30,000 hours offered for the benefit of our church and community.

Rev. Mark Chamberlain



### Annual St Barnabas Men's Dinner

Wednesday 3 June in the Parish Hall

Tickets \$25 available from the Parish Office

This year's guest speaker is Richard McElrea speaking on his life and work as a Coroner

'The Mooring Post' is a phrase from p479 in A New Zealand Prayer Book/He Karakia Mihinare o Aotearoa. Christ is described as the single mooring post for many waka – Ko te Karaiti te pou herenga waka. Christ is the one who unites us.

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## Easter Camp 2015



### Children's Ministry at St. Barnabas

**St Barnabas Playgroup:** Creative play for pre-schoolers on Wednesdays from 9.15 – 11.30am in the hall.  
Helen Wakefield 351 3595.

**Mainly Music:** Music and movement for pre-schoolers and their caregivers, Fridays 10 – 10.30am followed by morning tea. Angela Brown 0273350105

**Fridayzone:** Christian after-school club for Primary School children. Fridays 3.30 – 5.30pm.  
Angela Brown 027 335 0105

**Kidzone:** Creative Sunday School for children 5 – 13 yrs  
Sundays 10.30am. Angela Brown 027 335 0105



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# Welcome to St Barnabas!

An interview with Lara Scott.

**Tell us a little about your family and background:** I have a younger brother and two older half sisters and three step siblings. I've always lived in Christchurch and went to Elmwood School, Girl's High and Canterbury University. I started going to the Cathedral at the end of Intermediate because my brother secured a choral scholarship there.

**What is your job and what do you like about it?** Currently I'm a student as well as a Music Teacher. The thing I enjoy about my job is sharing my passion for music and helping people to unlock the language of music. I have seven students at present – the youngest is 9 and the oldest is 72!

**What's your favourite holiday destination?** It's probably the high country lakes – like Lake Georgina, Lake Selfe and Lake Coleridge. I like escaping from the craziness that is Christchurch sometimes and it's beautiful up there. And it's good fishing - I have tried to fly fish but now I just spin!



**How did you come to join St Barnabas?** I moved back into town from Oxford and I was looking for a church that had a more intentional sense of Christian community but still had good liturgy – and I found that at St Barnabas. I had tried a few different churches but none had gelled.

**What service do you attend and why did you settle there?** Well ideally I'd be going to Lifestreams but I have a Catholic Cathedral scholarship and I sing there in the mornings. When I can't get to Lifestreams I go to Antioch. I really enjoyed how welcoming people were and how much I've been invited to be part of everything. I'm learning to like the music more and more because it certainly wasn't my experience of Church music up until this point. I just really like the friendships I've made and the people.

**Why do you follow Jesus?** It's a hard question but I guess my Christian identity didn't happen in a 'light bulb' moment - it was a gradual process. So looking back, I don't know what life would be like if I didn't follow Jesus. It has become so ingrained and so natural. It just seems like the right thing to do. It's so intrinsic to my understanding of the world.

**How does being a Christian affect your work?** As a student I try to act ethically and morally. But then in terms of sharing the Christian journey with people it's a little harder because there isn't anyone else who I know at Uni who is openly Christian. In terms of my teaching I try and add a little bit of Christian education into my lessons! For example if I'm doing sight reading I'll use a hymn book and in setting words to music I'll use religious poetry or other hymns and then talk about why the emphasis is on certain words.

## Youth Ministry at St. Barnabas

Contact Harry Newton 027 342 2574

**Youth Group:** Christian youth community! Friday nights in the hall. 7 - 8.40pm for yrs 7 – 9 & 8.20-10pm for yrs 10-13

**The Revs:** Christian group for high school age young people. Meets on Sundays during Lifestreams at 10.30am.

## DIRECTORY

### PARISH OFFICE

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### MOORING POST DESIGN

Alex Thomson  
Contactable through office  
alexthomson.mp@gmail.com

## SUNDAY WORSHIP

### ST BARNABAS (in the hall)

8.00am Eucharist, followed by breakfast (Tui Room)

9.00am Sung Eucharist followed by morning tea (Tui Room)

10.30am Lifestreams Eucharist with children's & youth programmes followed by morning tea. For All Age services, check online

5.00pm 1st, 3rd & 5th Sundays – Evensong  
2nd Sunday – Choral Night Prayer  
4th Sunday – Eucharist

7.00pm Antioch in the hall for students/ young adults but all welcome

### MID-WEEK WORSHIP

8.30am Tuesday to Friday – Morning Prayer  
Wednesday – Eucharist all welcome in the Makora Room or Prayer Room at east end of hall.

10.00am Thursdays – Eucharist  
1st Thursday – Prayer and Healing

### ALSO OFFERED...

Home Communion:  
Each 2nd & 4th Wednesday in the month.

Communion is also provided at Fendalton Retirement Village fortnightly and St Winifred's & Holly Lea monthly.

## Vestry News

**Charities Commission Survey:** The St Barnabas Fendalton Trust has been asked by the Charities Commission to submit an estimate of the voluntary hours offered by parishioners serving the community. Corinne Haines has developed a spreadsheet and the Vicar will work with staff to gather the information for all ministry areas. It is clear that the parish puts in many thousands of hours contributing to the common good of the community.

**Carrying Forward our Mission:** It is clear that many parishioners are not aware of the strong ministry structure that has been gradually evolving in the parish for some time. The five main Ministry Teams are Worship, Prayer Ministry, Pastoral Care and Outreach, Discipleship and Evangelism and Children Youth and Young Adults. These areas are supported by Admin, Social and Hospitality, Finance etc. The five areas contribute to fulfilling our five-fold mission found on p6 of our weekly pewsheets.

**Communications Team Reformed:** Chris Thomson has agreed to convene a renewed Communications Team which will oversee the way the parish communicates to itself and the wider community. This will include print and electronic media as well as new methods of communication. The Team will also consider the ways and means we can best communicate to parishioners given the challenges that the breadth and diversity our parish displays.

**CCC Funding Application:** Vestry was informed that the 'Strengthening Communities' funding round has been delayed by a few weeks but the decision making process is unaffected. Applications for Pastoral Care, Youth Ministry and Community Van expenses will be submitted sometime after 20 April but before 2 June. Steve Wakefield will be asked to help with our applications.

**Financial Update:** Parish Finances were reviewed to the end of March. Income was \$117,003 compared to budget of \$120,904. Expenses were also below budget at \$118,821 compared to budgeted expenses of \$166,812. Vestry were reminded that the \$30,000 set aside for the Curate's house repairs had yet to be expended and this would increase actual expenses significantly.

## REGISTER

### Baptisms

We welcome into the family of God the following who have been baptised

### April

12 Lachlan Oliver Bell  
Charlie Reuben Bell  
James Liam Bell



## Contributions to the Mooring Post:

Have you got a story that you want to share with the parish community? Get in touch with our Vicar, Mark, and let him know!

June articles are due by Friday 15 May

## Sharing God's Love Through Visiting

A few weeks ago, our Vicar Mark, presented identification badges to a number of parishioners from the 9 o'clock, Lifestreams and Thursday congregations and then we all joined in prayer as they were commissioned in the name of St Barnabas, to call on those who for any reason had requested a visit.

Some of those being prayed for were Visitors and some were Home Communion Ministers. Some have asked what's the difference and how are they chosen? Parishioners are approached by the Vicar or one of the parish staff with the suggestion that they consider this important ministry, and then in discussion they decide what they are best suited for – to be a Visitor or Home Communion Minister. Both groups receive training in the art of visiting which includes listening, being attentive and empathetic and just sharing God's acceptance and love.

Those who are the Communion

Ministers also receive training in leading a shortened form of Holy Communion, and the method of administering the bread and wine which has been consecrated for this purpose.

Whether a Visitor or a Home Communion Minister these people take with them the love and concern of the parish so that those they visit really feel that they belong to the family of St Barnabas. Please don't hesitate to phone the parish office on 351 7064 and ask for a visit or Home Communion. An appropriate member of the team will phone to arrange a time to suit you. Don't wait! God's love is boundless and is to be shared!

*Zeta Laurie – Pastoral Care and Outreach Team*



## Enjoy the Fellowship - Dinners for Eight

These fantastic dinners encourage fellowship and enable new people to get to know other parishioners! They run between June and October and consist of a monthly meal with 8 guests. You could even invite a friend who is not currently involved at St Barnabas!

This year Dinners for Eight will only take place on Friday nights – note the dates for your diary now and make it a priority!

- 20 June
- 24 July
- 28 August
- 25 September
- Final Banquet on 23 October.

A registration form will soon be available. Closing date for 'signing up' will be Sunday 7 June. For new parishioners who would like to know more, contact Robyn Gopperth 351 8097, Pam Chapman 322 9409 or Marion in the Parish Office.

## Sharing the Bread of Life

*Food Ministry: a Fundamental Part of Pastoral Care*

Food is important. It sustains life. Good nutrition is essential to good health. Food is also important in the Christian faith. In his miracles Jesus provided food for many hungry people and on the night before he died he shared a meal with his friends. After the Ascension the early church would regularly gather to worship and share a meal. We still follow this custom today sharing breakfast, morning tea, or supper after our services.

Like Jesus, food also forms an important part of our pastoral care and outreach. Following the practice of the early Church, we continue to share what we have so that there is enough for all. Providing food for those in need, even temporary need, is an important part of our Pastoral Care and Outreach – for those who

belong to the parish as well as those who don't.

Each Sunday donations of food are collected and taken to the City Mission. Members of our parish also collect leftovers from the bakery at Fendalton New World, which are then distributed to the City Mission and St. Chads in Lindwood several times a week. At Christmas time hampers are made up for the people



of Aranui. Our freezer is stocked with emergency meals, made by parishioners, for people in need due to illness, bereavement or other reasons. Both AAW groups also supply meals when their members need support. In these and other ways St Barnabas helps to meet the basic needs of people in the community.

The Tertiary Young Adults group recently held a cooking night to stock up the parish freezer. Other parishioners have volunteered to be 'emergency cooks' should the need arise. After all, food is important. If you or someone you know would benefit from our food ministry, you're welcome to speak to one of the Pastoral Care Team. Donations are always gratefully accepted!

*Sage Burke – Seminarian Intern*

## What's Coming Up?

### Staff-Vestry Planning

Staff and Vestry will meet at Trimble Navigation, 11-15 Birmingham Drive from 12.30 – 3pm for a planning session. Please bring light finger food to share.

SUNDAY **3**  
MAY

### Pentecost Retreat

All welcome to come out to Te Waioara to a country retreat focussed on the festival of Pentecost. Parish Van leaving from the car park at 9am and returning by 4pm. Cost is \$15. Bring your own lunch – drinks provided.

SATURDAY **16**  
MAY

### Messy Church

All children, families and young people are invited to this outreach event which includes food, fun, faith, family craft and meal – St Barnabas Hall - \$5 per family. Also a great opportunity for grandparents to bring grandchildren!

SATURDAY **23**  
MAY

### Pentecost Sunday

Come and celebrate the coming of God's Holy Spirit – a 'high day' in the parish's year! There will be an opportunity to receive prayer for spiritual renewal.

SUNDAY **24**  
MAY

### Men's Dinner

All men are invited to our annual Men's Dinner in the parish hall. Guest speaker this year is Richard McElrea who will speak about his life and experience as a Coroner. Tickets are \$25 from the parish office.

SATURDAY **3**  
JUNE

### Patronal Party

Mark the date in your diary! This will be a great evening of food and homegrown entertainment. Various parish groups will contribute an item. Begins at 4pm in the hall – bring your own plates and cutlery.

SATURDAY **13**  
JUNE

## Disaster in the Pacific: Responding to Cyclone Pam

A chief of a small village on the remote island of Tongoa broke down in tears, explaining "It's been ten days since the disaster, and these are the first supplies we have received." In this village of 42 households devoid of road access, only four structures remain standing. Starving locals lined up in the sun with excitement as aid teams distributed over 40 tons of rice, flour and drinking water. Any assistance will go to sustaining these families with food, drinkable water, roofing iron and nails to start with. Other needs that have been identified include clothes, seedlings, tools, tarpaulins and kids' school packs.

Preparation for the 'gap time' between the cyclone and assistance reaching the needy is vital. Then there follows the 'negligence period' when all the assistance tapers off and other world news takes the attention away from cyclone victims. Risk disaster management plans assists in building people's resilience during the 'gap time' and the 'negligence period'.

My cousin Fei Tevi says "...Not a good sign when we run out of body bags while assessments of outer islands are still being conducted!!" The Government-led joint Initial Rapid Needs Assessments continues, indicating an urgent need for food, water, medical supplies, hygiene kits, kitchen kits, tents and bedding. Emerging aerial images confirm total or near-total destruction of homes, buildings and crops. A total of 34 schools are being used as evacuation centres on Efate Island and the provinces of Torba and Penama, which prevents children from attending school. Food supplies in affected areas, particularly in Erromango, are running critically low. Medicines, body bags and power supplies for hospitals are urgently

required. An estimated 60 per cent of the population in Shefa and Tafea provinces has no access to drinking water.

The Vicar and Wardens invite all St Barnabas parishioners to make a donation to the Cyclone Pam Appeal. The money will go to the Anglican Board of Missions and will be used for the recovery effort.

*Kofe Havea - Ministry Assistant*





## Association of Anglican Women

*Aim: To unite in prayer and participate in the mission of the Church. To promote, safeguard and nurture Christian family life*

### Daytime Group

Wednesday 6 May 11am – 2pm

Shared Lunch at the home of Pamela McKenzie, 111a Aorangi Road.

Take 6 pieces of finger food (sweet or savoury) to add to platter.

Leader: Adrienne Robinson - 352 9200

### In Betweens Group

Tuesday 19 May at 7.30pm in the Hall

Speaker: Marie Catanach "A Pilgrimage to the Holy Land"

All most welcome

Leader: Pam Chapman - 322 9409

## New Vestry Members Serving God

At the AGM four new people joined Vestry – Marcus Read, Laura Murray, Nigel Yeoh and Chris Thomson. Below are introductions from Nigel and Chris.

Whenever you are approached by the Vicar himself to contribute to church life in a bigger way, it can be very hard to say no. You know it is a voluntary shoulder-tap even though it certainly may feel involuntary at the time. However, I did deliberate over the decision of joining Vestry with Liz, my family, a few past Vestry members, and with God through prayer.

I am proud to say that I am the youngest Vestry member of the current team. In my position I hope that I will be able to advocate, in particular, for the youth and young adults of our parish and wider community. I always knew that Vestry would be a big step-up - certainly I realise I lack the life experience of existing long-standing (and even new) Vestry members, especially regarding such topics as the earthquake and insurance settlements, budgets, and finances. It is quite humbling to hear the accomplishments of all the other Vestry members.

So many new terms are being thrown around that I am continually learning. However, with this lack of experience and knowledge comes (what I hope will be) my strength and contribution towards the Vestry team - I know I have the perfect excuse to be able to ask the 'silly questions' or be the naive member seeking clarification on various topics! I do however realise that this is an excuse I can only use for so long...

On a personal note I hope to inspire other young(er) parishioners to give Vestry a try and I hope my experience and further service to the Parish will develop my own, and Liz's, relationship with our Lord Jesus Christ.

Nigel Yeoh



Chris Thomson and Nigel Yeoh

Hi, I'm Chris Thomson and I joined Vestry at the AGM this year. I've been attending Lifestreams for the last 4 years with Jada my youngest daughter and am married to Tanja. I have been keen to re-kindle my involvement in Church after over 20 years away from Canterbury working in the UK, Asia and Australia much of that time involved heavy travel for work which compromised family and spiritual time.

After qualifying as a chartered accountant I have had a career as a finance manager in international business mainly in advertising agencies within listed companies and now work in my own importing and distribution business. My work has focused on governance and risk as well as marketing communications programmes especially with the emergence of digital channels and platforms.

I am attracted to assist Vestry in tackling the many challenges facing St Barnabas; to sustain and grow its congregations in following Jesus and extending God's love. A contribution we have made at recent Fun Days and Parish Fairs has been when my wife Tanja, Jada and I have manned a waffle stall.

I anticipate that through Vestry I can gain a deeper involvement in the life of the Parish. This will enable me to make a contribution to the challenges based upon my knowledge, including interests in communication and financial stewardship. I look forward to meeting many more of you and representing your interests.

Chris Thomson

## What Happens When We Pray?

Let's not waste time puzzling over whether prayer changes God's mind on a matter. To even voice the question is to cut God down to our size, a human-like figure who is unable to make up his mind without some pressure or advice! What happens when we pray is that we demonstrate to God some important things about our minds. We show God, for instance, that we are humble enough to request help. We demonstrate that we trust God to deal wisely and well with whatever we are praying about.

When we pray we declare our willingness to work with God, even to fight with God for good to prevail over evil. When we pray for others we give a sign of our love for them. When we pray for ourselves we open the door of our lives and invite God to pour his powerful love into

our hearts. In short, what happens when we pray is that we show our minds are keen to line up with God's mind on the matters we are praying about. That demonstration, in a mystery we cannot fathom this side of the grave, appears to assist the flow of God's power into the situations of the world. 'The prayer of a righteous person has great power as it is working' - James 5:16.

When we pray we are doing something which God wants to happen. There are many expectations and encouragements in the Bible that God's people will be a praying people. Jesus himself taught on prayer on many occasions. That suggests that when we pray God is pleased that we have heard his words to us and responded obediently - Proverbs 15:8. As our loving Father, God delights both

to hear our prayers and to answer them according to his will - Luke 11:13.

Rev Dr Peter Carrell



## Opening Up to God at Easter Camp

While the wider St Barnabas community gathered together over the long weekend to celebrate Easter a number of young people from our youth group instead snuck off to go camping at Spencer Park for the annual Easter Camp.

Amidst the 4,000 plus attendees at EC 2015 it would have been possible for our 16 strong contingent to feel a little overwhelmed. However they linked up with a number of other Anglican youth groups under the banner of 'Anglican Party Central' which not only gave them a boost in numbers but also provided them with access to a large communal marquee containing table tennis, foosball (table football), free food and drink, and loud music.

As far as our young people are concerned EC seems to have cut the mustard with Greer Borthwick saying that "it was pretty awesome." High praise indeed! As an EC first-timer Brody Adams appears to be in agreement with Greer, saying "it was a really great experience with heaps of amazing things going on. I loved the activities, music and the peaceful weather; although the thing I loved

most was the people."

For Rena Hamilton, another EC first-timer albeit as a leader, the biggest highlight was the live music performed by resident band Satellite. "Satellite are amazing! I'd go to camp just to see Satellite again - man do they have talent. Along with doing some covers they also have a range of originals they played for us; all ranging from slowed down jazzy songs, to high energy synth-lined anthems. They also provided the setting for so many young Christians to open up to God and it was a beautiful thing to witness."

So all in all it was a great experience for everyone and some of our youth are already planning for next year!

Rev. Harry Newton



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