



THE MOORING POST

ANGLICAN PARISH OF FENDALTON – ST BARNABAS AND ST THOMAS
The Anglican Church in Aotearoa, New Zealand & Polynesia – Diocese of Christchurch

Lent: Season of the Soul

Just as the farmers are acutely aware of the rhythms of the earth, streams and weather; so in the spiritual life there are rhythms we must become aware of if we are to follow Jesus and grow in grace. There are many reasons why Lent can benefit us – find below just six that I thought of;

Symbol: Lent is first of all a symbol – a symbol of abstinence, self-discipline and humbling ourselves before God. It's not a tangible symbol that you can touch but a symbol consisting of a set period of time. Symbols transcend words alone and have the potential to powerfully transform us.

Imitation of Christ: Because Jesus endured 40 days of testing in the wilderness, so we are called to imitate him and develop our self discipline as he did. During Lent we seek to walk the way Jesus walked – to imitate him and grow to be like him.

Silence: Traditionally during Lent

we give up some of the habits, amusements and indulgences that cluster around our lives. As we do this we find that a kind of space opens up in our lives and we hear God's voice more clearly.

Contrast: During Lent we deliberately cultivate a contrast between loss and gain, emptiness and fullness, darkness and light. As a result of this contrast we can experience the overwhelming joy of Easter day more fully.

Discipleship: Lent is a six week 'Spiritual Intensive' where we attend to the disciplines of the spiritual life more deliberately. We refuse to recognise the incessant demands of self and say 'no' to our appetites. Through these disciplines we declare that Christ owns us – we do not own ourselves.

Fruit: As a result of attending to God in a more deliberate way during Lent, we expect that self discipline,

as a fruit of the Spirit, begins to grow within our lives. This happens in much the same way as an athlete trains for a race. The muscle of our self control can only grow as it is tested and we overcome temptation.

With these six benefits in mind, I encourage you to enter into the spirit of Lent. It is God's gift for our spiritual benefit. Let us journey through Lent toward Good Friday and Easter – and there meet the risen Lord Jesus Christ in his glory!

Rev. Mark Chamberlain



Extending God's love at
the Community Fun Day

Celebrating the Passion of Christ at St Barnabas this Easter

Monday 25 March

7.30pm Reflective Communion - Makora Room

Tuesday 26 March

7.30pm Reflective Communion - Makora Room

Wednesday 27 March

7.30pm Reflective Communion - in the Hall

Maundy Thursday - 28 March

10am BCP Eucharist

11am Eucharist @ Holly Lea

7.30pm Eucharist & Foot Washing

8.30pm Tenebrae - Service of the Shadows
until 9pm

Good Friday - 29 March

9am Devotions around the cross - St Thomas; Strowan Rd

9.10am Procession to St Barnabas

9.45am Placing of the Cross at St Barnabas

10am Hot Cross Buns with Tea and Coffee

10.30am Lifestreams service

Noon Noon Vigil and Reflections

Easter Sunday - 31 March

8am BCP Eucharist with hymns

9am Festive Eucharist

10am Festive Eucharist with Choir

11am Family Eucharist with Band

5pm Evensong with Choir

7pm Antioch – Contemporary Worship

'The Mooring Post' is a phrase from p479 in A New Zealand Prayer Book/He Karakia Mihinare o Aotearoa. Christ is described as the single mooring post for many waka – Ko te Karaiti te pou herenga waka. Christ is the one who unites us.

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CHURCH PICNICS WERE NEVER LIKE THIS!

February 10 proved to be a special day in both the St Barnabas and the Christchurch City's calendar. We hosted a 'Fun Day'! Well actually, it was three hours of fun, sponsored in part by CERA. Think 'country church picnic,' but with lots more besides. A fab band, *Ashley and the Classics*, injected the first cool vibe into the afternoon. Most people were lulled into sensate summer mellowness as they sat eating lunch under our gorgeous old trees.

Thanks to MC Chris Martin for hiring this band, plus the next band called *Runaway Betty*. This last was a talented little two-piece band which is going places. A little later on were sizzling performances from the *Taiko Drummers* (nothing short of amazing), pop-up singing group *Freshly Squeezed* whose singing skill oozed out in a controlled and harmonious fashion, and *Ceroc* dancers including the stylish duo, Mark and Pip Chamberlain. Now we know the reason behind their a) joie de vivre, and b) trim figures!

Throughout all of this wondrous culture, children of all ages and sizes were pinged around without injury in the substantially-sized bouncy castle; other children were becoming scary-looking vampires, cats and monsters via face-paint, and still others were practising their archery or giant jenga skills.



Particular thanks must go to Mark Chamberlain, Don McKenzie, MC/DJ Chris Martin and the beautiful girls from the Methodist Mission office. So many parishioners helped in multitudinous ways. You know who you are. Thank-you!!!

PS: Those old-fashioned races are the bomb. Next time I want a go at a (raw) egg and spoon one. I'll practice at home first. Let's hope this whole event is run again.

Liesl Johnstone

Interview with Kate Adams - Science Forum and Faith in Christ

How long have you been involved in St Barnabas? My family and I started coming to St Barnabas shortly after we moved to NZ from England about 7 years ago.

What did you get up to in January? I was fortunate enough to be selected by and sponsored by Rotary to attend the Australian National Youth Science Forum in Canberra. It was two weeks packed full of enthusiasm, fun, friends and science!

What was the most exciting part? I met a lot of likeminded students my age and it was a great opportunity to meet 150 new

friends! It was also a fantastic chance to discover fascinating information about all the different expanding areas of science, and how science relates to society.

How do you find all this connects to your faith in Christ? Every time I come to understand a new concept in any area of science, I just think how amazing it is that not only does God know that and every single other concept I have not yet learnt or have not discovered, he was the one who made this universe with all these unifying concepts. Which is just mind blowing!



Kate Adams, fifth from the left, at the conference

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SUNDAY WORSHIP

ST BARNABAS (in the hall)

8.00am Eucharist, followed by breakfast (Tui Room)
9.00am Sung Eucharist followed by morning tea (Tui Room)
10.30am Lifestreams Eucharist with children's & youth programmes followed by morning tea.
Sunday 10 March – All Age service
5.00pm 1st & 3rd Sundays – Evensong
2nd Sunday – Choral Night Prayer
4th Sunday – Eucharist
7.00pm Antioch in the hall for students/ young adults but all welcome

MID-WEEK WORSHIP

8.45am Tuesday to Friday – Morning Prayer
Wednesday – Eucharist all welcome in the Makora Room or Prayer Room at east end of hall.
10.00am Thursdays – Eucharist
1st Thursday – Prayer and Healing

ALSO OFFERED...

Home Communion:
Each 2nd & 4th Wednesday in the month.
Communion is also provided at Fendalton Retirement Village fortnightly and St Winifred's & Holly Lea monthly.

Vestry News

We give thanks for those who have served the parish well in recent years through their membership on Vestry but who are now standing down. Wendy Kington has served for a number of years and served on the Worship Team and Discipleship Team – she will continue on these teams but resign from Vestry. Graeme Robinson served for many years on Vestry, retired, came out of retirement and now retires again! Graeme will continue on the Works Team offering his experience and expertise to the parish. John Smart has had special responsibility for the grounds and served on the Works Team for many years. We wish John well as he continues to recover from surgery. There will be a special article covering the parish AGM next month including profiles of new Vestry members.

Seniors' Friendship Group Resumes



CAMEO (Come and Meet Each Other) has started up again, Thursdays at 1.30pm, offering fellowship and fun to those in the parish and community who are looking to get out of their homes for a couple of hours each week. CAMEO is held in the Parish Hall and the programme offers music, speakers, social activities and afternoon tea. Transport is offered. Please ring the Parish Office 351 7064 Thursday morning if you would like a lift.

REGISTER

Baptisms

The parish welcomed into the family of the Church:

February
17 Neave Louise Mclachlan

Marriages

We extend our good wishes to those couples recently married:

January
26 Amy Louise Shakespeare & Hamish Denby Keir

February
1 Rosemary Wilmot Blakely & Thomas Webb Tothill

Funerals

We offer our deepest sympathy to the families and friends of those who have died recently:

February
12 Ian Somers Cocks

WAFER ROOM BAKER NEEDED

A baker for every second Monday afternoon and or Friday afternoons. Training will be provided. This is an enjoyable task with a fun group serving God and supporting the parish.

Please contact the Wafer Room Managers: Charles and Shirley-Anne Collins on 343 6263

Deadline for April issue:

Friday 8 March

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New Directions for Outreach Giving

Vestry considers a new approach to ministry and mission funding with new initiatives both within and beyond Parish Borders.

Vestry has reviewed its outreach funding principles as part of its responsibility to fulfil both the Parish and Diocesan mission statement intentions. These include developing Christ-centred mission, new growth initiatives and extending God's love.

The Parish wishes to show its love and care through providing personnel and funding to develop these initiatives. We aspire to commit ten percent of our general income to these needs. As well as our present commitments to the Anglican Missions Board (\$19,000 each year) we believe we should develop ministry partnerships within our Parish, the Diocese and the Church abroad.

This approach is a change from our previous policy which has been to donate directly to a multiplicity of

community causes and agencies. This approach, though worthy, was an 'arms length', charity model rather than developing intentional partners in specific areas of need.

Vestry is extremely grateful to many in the Parish who contribute their skills to a range of activities both within and outside the Parish. A few examples of these are Bible in schools, school reading programmes, our seniors friendship ministry CAMEO, City Mission volunteering, trust board and diocesan affairs etc. Many groups within the Parish also raise funds for special needs and the work of AAW, the Antioch Café night and car wash activities come to mind and this is to be encouraged. Vestry also makes non-cash grants to many community organisations such as through discounted hall rentals etc.

When fund raising events are held Vestry has regularly given part of the proceeds to other partners such as

City Mission and recently St Mary's Church and this approach will continue according to needs at the time. Our recent building fundraising gatherings have also contributed 10% of receipts to needs outside the Parish.

The St Barnabas Trust formed to raise funds from within our city for the specific purpose of Parish buildings restoration will not be drawn upon for outreach purposes. Donors intentions will be fully honoured. It is proposed to seek the approval of the Parish at the AGM to effect this policy change.

Graeme Robinson



OUTREACH & PASTORAL CARE IN THE PARISH

During 2012, at the request of Vestry, a new Pastoral Care Team was formed with the basic aims of:

- Providing oversight for Pastoral Care within the parish
- Stimulating and strengthening this ministry
- Providing oversight for all parish outreach groups including Seniors Ministry, Bible in Schools, Linwood Link, Glenmoore School Reading, Food distribution etc.

This new subcommittee, made up of myself, Alison Tait, Helen Wakefield, Zeta Laurie, Marjorie Smart, Jenny Warren, Adrienne Moore and Mary Mills have met and discussed ways to improve the level of **Pastoral Care** that we offer to our parish family.

As part of the **Outreach Programme**, several packages of children's winter clothing were distributed to other agencies throughout the city. These donations of clothing had arrived from Australia, and organisations like Birthright NZ, Canterbury Midwives and the Pacific Trust Health Clinic, Aranui parish and Linwood College were the delighted recipients.

We learned that Bible in Schools were in constant need of teachers. A few boxes of Bibles had been received and when Helen Wakefield approached

Burnside Primary the principal was eager to distribute some of the Bibles to the children and families he knew. Helen is looking into the ways we might be able to advertise for more helpers for this valuable programme.

A Pastoral Care & Outreach Training Programme has been put in place to be led by the Rev Anne Russell-Brighty who will offer encouragement to our volunteers. This is also an opportunity for anyone who would like to know more and become involved with others as we seek to stimulate and strengthen this vital ministry in our parish.

The Training Programme will be held **Thursday 11, and Friday 12 April, from 9.30 am until noon.** Please get in touch with the Parish Office 351 7064, or myself, if you would like to come.

I acknowledge the time and energy spent by many who freely visit and offer pastoral care in a personal way, and I thank you for your warmth, care and prayers as the Team seeks to be Christ's presence in the lives of the less fortunate and the lonely.

Tu'a 'ofa atu
Kofe Havea



What's Coming Up?

Parish AGM

2013 AGM will be in the Hall beginning @ 7 pm.
Agenda will include reports, finances & election of officers.

WEDNESDAY **27**
FEBRUARY

'Retreat in Daily Life'

Take this opportunity to learn about different ways of praying and find new depths in your spiritual life. Contact Diane (351 5778, diane.newton@xtra.co.nz) Helen (351 0610) or Angela (351 3442) for more information

SUNDAY **10**
MARCH

Harvest Thanksgiving

Bring your fruit, vegetables and other food gifts to this special service where we thank God for the bounty of the earth. All food will be donated to the City Mission.

SUNDAY **10**
MARCH

Lifestreams' Newcomers Lunch

All newcomers are invited to the Vicarage for lunch. Formal invites will be sent out but let Chris Spark know if you'd like to receive one. This is an opportunity to find out more about St Barnabas and feel part of our Christian community.

SUNDAY **24**
MARCH

Easter Camp

All young people are invited to chill, relax and be inspired over Easter at Spencer Park. See Chris Spark for details or check it out at www.eastercamp.org.nz

THURSDAY **28**
MARCH

Pastoral Care & Outreach Training

From 9.30 am until noon. Please get in touch with the Parish Office 351 7064, or Kofe Havea, if you would like to be involved in this ministry.

THURSDAY **11**
APRIL

BEST LOVED HYMNS & SONGS OF PRAISE

In a recent poll in the UK in December 2012, the top ten hymns or songs were selected by the public. They're listed below with comments from a number of UK writers and hymn composers about what makes these hymns so great.

10. *Shine Jesus Shine*
Graham Kendrick
9. *In Christ Alone*
Words Stuart Townend
Music: Keith Getty
8. *Guide Me, O Thou Great Redeemer*
Words: William & Peter Williams
Music: John Hughes
7. *Make Me a Channel of Your Peace*
Words: St Francis
Music: Sebastian Temple
6. *Be Still, for the Presence of the Lord*
David J. Evans

5. *Love Divine, All Loves Excelling*
Words: Charles Wesley
Music: W.P. Rowlands
Has two tunes that are equally popular. It has a solid, rooted text. Love is not something ethereal or sentimental or fleeting, but solid - and at the heart of the universe and God.

4. *Be Thou My Vision*
Words: Mary Byrne, Eleanor Hull
Music: Irish Traditional Melody
Lovely text with a nice easy reflective melody to sing, and it finishes gently - 'at the end of the day'. Attractive in that it presents a haunting Celtic melody.

3. *The Day Thou Gavest*
Words: John Ellerton
Music: C.C. Scholefield
Needs to be sung fairly quickly otherwise it appears to go on for a long time! As long as people realise that it is the Kingdom of God we are looking for and not the Kingdom of Great Britain

these hymns can still have a modern day resonance.

2. *Dear Lord and Father of Mankind*
Words: J.G. Whittier
Music: C. Hubert H. Parry
Has one of the most beautiful melodies of all time. The idea of saying 'forgive us...re clothe us in our rightful minds' - in other words, restore our sanity - gives this hymn its enduring quality.

1. *How Great Thou Art*
Words: Stuart K. Hine
Music: Swedish Folk Melody
There are two verses on the beauty of the natural world, out of which springs our appreciation of how great God is. It is impossible to be reserved when singing this hymn! It is a hymn that needs to be sung in Cardiff Arms Park or at the Royal Albert Hall with 6,000 voices!

RETREAT IN DAILY LIFE

(formerly called Week of Guided Prayer)

Sunday 10 – Friday 16 March

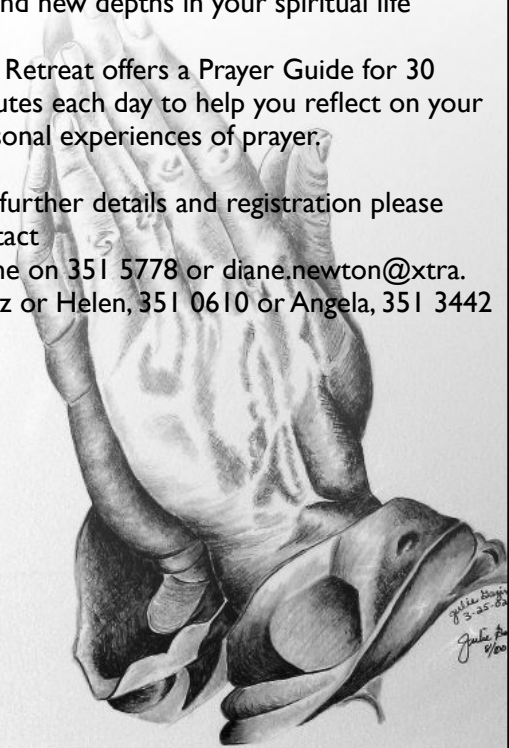
Take this opportunity to:

- Learn about different ways of praying
- Find new depths in your spiritual life

The Retreat offers a Prayer Guide for 30 minutes each day to help you reflect on your personal experiences of prayer.

For further details and registration please contact

Diane on 351 5778 or diane.newton@xtra.co.nz or Helen, 351 0610 or Angela, 351 3442



IN GRATITUDE FOR JILL KEIR

Rev Philip Robinson reflects on Jill's 5 1/2 years of ministry at St Barnabas.

Jill Keir came to Fendalton Parish in August 2007 as a Local-Anglican-Non-Stipendiary-Ordained- Minister! She had served in the Avonhead Parish since her ordination in 2004.



While continuing as a secondary school teacher at Middleton Grange, Jill generously gave her spare time to assist with parish ministry in Fendalton. Jill has assisted by preaching and presiding at Sunday services both at St Barnabas' and St Thomas' until the congregation was integrated with St Barnabas' after Easter 2012. She has maintained regular pastoral ministry with the St Thomas' folk and for various periods has been responsible for and supported Prayer Ministry, Stillpoint, Home Communion Visitors, The Alpha Course, 'Living the Life' services, the Discipleship Team as well as other general pastoral ministries as time allowed. Jill has been a valued member of the staff team and her warmth, care and commitment to Christ have been evident to all.

Jill has assumed a role at Avonside Parish as interim Priest-in-charge and Chaplain to Fitzgerald House – an elder care residence close to the church. This new chapter began in early February but Jill will continue teaching several periods each week at Middleton - just to keep her hand in!

St Barnabas Church people farewelled Jill at the AAW Songs of Praise service on 3 February and the Staff at a breakfast at the Chateau on The Park a few weeks later. It is hoped the Parishes of Avonside and Fendalton will develop an ongoing mutual ministry relationship as Jill's work develops there. Thanks Jill for your years of generous ministry among us.

Philip Robinson



EMBRACING THE VULNERABLE EAST

The East of Christchurch is broken, damaged and so very vulnerable. Not just the land and infrastructure but the people. While we all experienced the ferocity of the earthquakes the East on the whole experienced the worst of this traumatic event. To live in war-zone conditions for months, or years then to battle for a fair way forward for your home and family, has been shattering.

I have been surprised at the response of people in our city. Many have been very caring and understanding. They came to our aid in the beginning, have listened and have realised our need to challenge the powers that have prevented people from moving forward.

Others have been less than supportive with comments like 'they chose to live over there in bad land', 'they can't just expect to come and live over here on the west,' and 'life is just winners and losers.' There seems to be a need to justify the trauma of those struggling. It is as though some want to run away from the pain of the hurting East. I

guess it is hard to live in a city where some are devastated but most can get on with their lives. It is easy to ignore the hassle and bother. Complaining people do put a dampener on things. They affect our desire to live a smooth peaceful life and get on with creating the kind of life and city we want. In the end we put our compassion to one side and create little space within us for the pain of another so we can move on.

How Jesus turns our desire for the smooth life on its head! The perfect, together God comes into an imperfect world. He becomes vulnerable, poor - a baby. Then he lives a life of creating space in himself for the deaf, the blind, the lepers, those in pain and hurting... the most vulnerable, the unsmooth. On one particular Friday, Jesus, in his death, became the most vulnerable and created space in himself to embrace the entire universe with his love. In embracing the pain of people with his love he lifted the entire world to hope and resurrection.

Rev Mike Coleman



Prayer Enables Olympian Effort

One of New Zealand's Olympic athletes, 1500 metre runner Lucy Van Dalen of Wanganui, believes in the enormous power of prayer. She recently addressed a crowd at a New Wine gathering. Her talk was not so much about her amazingly successful year as it was about her dependence upon God. Here's what she said:



'When I had a chance to qualify for the recent Olympics at a San Diego athletics meet, I knew I needed to run under 4 minutes, 7 seconds to achieve the Olympic B standard. At my earlier attempt I had run a 3 second personal best time of 4 mins 8 seconds. Many times before a race, I feel overcome by nerves and have doubts. I find it is a time when I need to surrender everything before the Lord and humble myself before him so that He can move. And I have found that there is no need to be discouraged or afraid because God is always there beside you, to help and guide you in every situation He puts you in.'

'Before I left I decided to email all of my family and friends about how I was going to try and run the fastest race of my life and how I would really like them to pray for me. I knew I would definitely need some divine intervention if I were to actually run the Olympic standard. Well, I totally felt God's strength come over me when I raced that night in San Diego. I crossed the line having run the Olympic A standard of 4 mins 5 seconds, qualifying for my first Olympic Games!

I really believe that the 20-odd prayers that were lifted to Heaven that night were what uplifted me. So be encouraged to pray, alone in your room, or with others. Never underestimate the power of prayer!!'

Association of Anglican Women

Aim: To unite in prayer and participate in the mission of the Church. To promote, safeguard and nurture Christian family life

Afternoon Group

Wednesday 6 March @ 2pm

Speaker: Rev Helen Roud, Diocesan AAW Chaplain

Leader: Yvonne Cummins 358 2153

In Betweens Group

Tuesday 21 March, Meeting @ 7.30pm in the Hall

Speaker: Anne Russell-Brighty, Diocesan Elder Care Project co-ordinator, speaking on her work and its application for us all. Followed by Night Prayer.

Leader: Mary Mills 358 2230

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